



HOPE Prison Ministries

God + Community = HOPE

Daily Schedule Until Employed

BEFORE 9 AM - Be showered, dressed, tidy room, eat breakfast

The goal for those unemployed is 30 hours of curriculum each week, not including regular devotions and Bible reading.

9 AM – daily devotions (read selection from Scripture according to the daily reading plan and that day's devotional), make a note of what you've studied

10 AM – Watch 1 DVD session, take notes / answer questions

11 AM - BREAK (15 minutes)

11:15 – Watch 1 more DVD session, take notes / answer questions

12 Noon - LUNCH (1 hour)

1 PM – Watch 2 DVD sessions, take notes / answer questions

3 PM - BREAK (15 minutes)

3:15 – Watch 2 DVD sessions and/or read a book

Job searching online and in-person. Be sure to track your work activity on the Work Search Log!

5 PM – If needed, empty and take out trash throughout all the house

Daily Schedule After Employment

The goal is 50 hours a week of studies, Monday through Friday, while unemployed.

Once employed, the goal is 15 hours each week as you're able.

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